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|-----|---|---|
| I) | Basketball Game Rules | 2 |
| A) | Players on the Court..... | 2 |
| B) | Game Time | 2 |
| C) | Fouls..... | 2 |
| D) | Free Throws | 3 |
| E) | Dunking | 3 |
| F) | Disqualification from Game..... | 3 |
| G) | League Standings / Playoff Seeding..... | 3 |
| II) | Toledo Sport and Social Club's General League Rules | 4 |
| A) | Officials..... | 4 |
| B) | Forfeits..... | 4 |
| C) | Substitutions | 4 |
| D) | Playoffs Eligibility | 4 |
| E) | Standings / Seeding..... | 4 |
| F) | Sportsmanship..... | 5 |
| G) | League Cancelation / Rainout | 5 |
| H) | Website..... | 5 |
| I) | Sponsors / Post Game Socials | 5 |
| J) | Rule Changes..... | 6 |

I) Basketball Game Rules

A) Players on the Court

- 1) Men's Game:
 - (a) 5 players total
- 2) Co-Ed Game:
 - (a) 4 players total consisting of 2 male and 2 female players
 - (b) Teams may choose to play with more female players than male but not the other way around
- 3) Substitutions can only be made during a dead ball
 - (a) A player on the court or off the court must simply yell "Sub" and be acknowledged by the official to enter/exit the game.
- 4) Substitutions should take place before the second shot of a two shot foul.
- 5) If an injury takes place during a game, the official will stop the game to allow a substitution. Subs must be of the same gender they are replacing

B) Game Time

- 1) Men's Game:
 - (a) The game will consist of two 18-minute continuous clock halves.
 - (b) Each team will have two timeouts per half
 - (c) The clock will only stop in the first half for a timeout
 - (d) The clock will stop during the last two minutes of the second half for the following:
 - (i) Ball out of bounds
 - (ii) Fouls
 - (iii) Timeouts
- 2) Co-Ed Game:
 - (a) The game will consist of two 15-minute continuous clock halves.
 - (b) Each Team will have two timeouts per half
 - (c) The clock will only stop in the first half for a timeout
 - (d) The clock will stop during the last two minutes of the second half for the following:
 - (i) Ball out of bounds
 - (ii) Fouls
 - (iii) Timeouts

C) Fouls

- 1) In general, high school rules are followed
- 2) Each player is permitted 5 fouls
 - (a) After the 5th foul is committed by a player he/she must exit the game
- 3) Bonus 1-and-1 free throws will be awarded after the 7th team foul
- 4) Bonus 2-shot free throws will be awarded after the 10th team foul
- 5) Co-Ed Specific Foul:
 - (a) A male player may not block a female players' shot. Doing so will result in the same as goal-tending.

D) Free Throws

- 1) Players may enter the lane as soon as the shooter releases the ball.
- 2) The shooter and all players not along the paint must remain behind the line until the ball contacts the rim or backboard.

E) Dunking

- 1) THERE IS ABSOLUTELY NO DUNKING. A player who dunks will be given a technical foul and the basket will not be counted. (This exists for player safety but also because some of the rims we use are not break-away. A mis-performed dunk may result in bending the rim and subsequent cancellation of the game/league!!)

F) Disqualification from Game

- 1) Players disqualification results from the following:
 - (a) Committing 5 personal fouls (technical fouls count as personal fouls)
 - (b) 2 technical fouls in a game (player may also receive a 1-game suspension)
 - (c) 1 flagrant or excessive foul (player may also receive a 1-game suspension)
- 2) A player who is removed from a game may face stronger penalties depending on the severity and persistence of his/her actions

G) League Standings / Playoff Seeding

- 1) The standings will be posted to the website on a regular basis after each week of league play.
 - (a) The official standings will be posted periodically throughout the season under the link listed as "Download Schedule"
 - (b) Team are ranked first by game winning percentage.
 - (c) The first tie-breaker is Fewest Total Points Allowed
 - (d) The second tie-breaker is Head-to-Head record
 - (e) The third tie-breaker is a coin toss

II) Toledo Sport and Social Club's General League Rules

A) Officials

- 1) Leagues run by TSSC either have an official or are self-officiated. When self-officiated, the teams playing must be responsible for calling their own infractions. It is not the responsibility of the opponents to call a foul.
- 2) TSSC officials are responsible for the fair play of games, however, participants are still responsible for knowing and understanding the league rules. Officials will make calls based on established league rules and have the final say. Officials will work to provide fair and fun game play. If a participant is found to be disrupting this effort, the league official has the authority remove said player from the game.
- 3) Participants choosing to yell at officials will NOT be tolerated!

B) Forfeits

- 1) TSSC strives to provide fun and organized game play. This is achieved in large part by having teams committed to playing their scheduled games. However, from time to time a team may not be able to attend its scheduled game. In this case, it is the responsibility of the team to notify TSSC at least 24 hours in advance of missing a game to report its forfeit. Teams who forfeit multiple times during a season may not be allowed to participate in the end-of-season tournament or may be removed from the league altogether.

C) Substitutions

- 1) Substitutions are allowed during the regular season. It is the responsibility of the team captain to explain the rules to subs before games begin. Teams may borrow players from other league teams as substitutes only during the regular season. When borrowing players from another team, a maximum number of subs allowed is the amount needed to have a full team on the field plus one. Teams must play their normal roster players ahead of substitutes who were borrowed from another team.

D) Playoffs Eligibility

- 1) In order to be eligible to participate in the end-of-season playoffs a player must have played at least one regular season game with the team or be of no greater skill than the player he/she is subbing for.
- 2) Teams may be ruled ineligible by TSSC for rule or sportsmanship infractions and will be notified if their eligibility has been revoked.

E) Standings / Seeding

- 1) Throughout the season, league standings will be updated and displayed on the league webpage. The order shown on the page is not necessarily the order of seeding that will exist for the end-of-season tournament. In the case of multiple teams having the same regular season record, tie-breakers will be listed in the sport specific portion of the rules.

F) Sportsmanship

- 1) The Toledo Sport and Social Club exists to provide adults with the ability to continue to compete in lifelong recreational play. We realize there will be intense moments during games, in particular towards the end of games or when a player makes a mistake in judgment, but we hope the TSSC Spirit of Play will always remain.
- 2) The TSSC encourages players to play with a "Fun First, Win Second" attitude. Our leagues are about getting out and having a good time with old friends and new! The TSSC believes that encouraging good sports behavior is why players join and will remain in our leagues. Playing with TSSC Spirit provides a non-threatening, fun environment for all levels of players. Good sporting behavior: behavioral tendencies of a person who can take loss or defeat without complaint, and victory without gloating, and who treats all opponents with fairness, generosity, courtesy and respect. This is the attitude we encourage all players to display on and off the playing field!

G) League Cancellation / Rainout

- 1) TSSC uses two methods to inform teams when a rainout or game cancellation has taken place. The voice mail message for the phone line 419-302-5135 will be updated with information regarding the status of league play. Additionally, TSSC will update the status of its profile, 'ToledoSportand Social Club' on Facebook.
- 2) Due to the nature of weather, TSSC won't always be able to update these messages prior to the start of league play for a particular evening. If neither of these methods has been updated, please show up to the game location and seek information there about the status of games for the evening.
- 3) In the case of a rainout or game cancellation, TSSC will attempt to reschedule the games. However, not all games are guaranteed and TSSC reserves the right to shorten the league schedule, without issuing a refund, if necessary.

H) Website

- 1) Toledo Sport and Social Club's websites, www.ToledoSSC.com and www.ToledoSportandSocialClub.com are the source for all information regarding all team and league information. Please utilize the websites functions for all scheduling and registration functions. Other features that may be found on the website are: Free Agent postings, League Rules, Social Events, and in-season announcements.

I) Sponsors / Post Game Socials

- 1) Prior to the beginning of each league TSSC will establish as "Sponsor Bar" to serve as a social gathering place for all TSSC teams and fans after league nights. The sponsor establishments and deals are specific to TSSC members and are prearranged. These will be listed on the league page throughout the season. Please socialize and enjoy yourselves at all times but keep in mind that you are representing TSSC when attending post game socials.

J) Rule Changes

- 1) TSSC reserves the right to change league rules at any time. Team managers will be made aware of rule changes and it then becomes their responsibility to communicate changes to their teams. Rules for each sport will be listed under each sport's page.