

Toledo Sport and Social Club

Volleyball Skill Levels Defined

For Fun - A "Recreational" player:

- Is a Beginner and joining us for FUN and SOCIAL aspects of competition
- Knows the basics of volleyball, but is just beginning to bump, set, and spike.
- Playing all 3 hits isn't necessarily the focus and instead hitting the ball back over may occur on the first or second hit more regularly
- Sometimes getting it over the net is an accomplishment.
- Is still in the early learning stages of the game but knows the skills.
- May not know when he/she is committing a penalty like lifts/doubles, etc.
- Knows how to bump, set (a little), and spike (a little) but not consistently
- Makes mistakes and can't always direct their passes to specific players.
- Isn't moving their feet while the ball is on the opponents' side to prepare for the ball coming over

Minors – An "Intermediate" Player:

- 7/10 passes go to the person they intend.
- Knows about lifts/doubles, etc.
- Knows the correct form for making bump passes, setting and play at the net.
- Understands rotational sequence and defensive positions but may be working to solidify those skills.
- Will typically play all 3 hits before sending the ball back to the other team.
- Making efforts to control the ball before sending it back to the other team.
- Knows the footwork of and how to approach hitting effectively.
- Anticipates where the ball will be going and is moving their feet as the players make plays on the ball.
- Solid knowledge of the game and rules.
- Skill levels range significantly from the top players in Minors to the bottom players in Minors
- **The "Minors" player** should register for our Minors league. The best "Minors" players may be ok playing in our Majors leagues.
- Teams with only a few Minors players may register for our For Fun leagues.

Majors – An "Advanced/Power" Player:

- 9/10 passes go to the person they intend.
- They know all the skills extremely well. "Majors" players can run combination plays in a basic way if passes are good. That includes slides, tandems, x's, crosses, etc.
- Understands rotational sequence, offensive concepts (i.e., 5-1, 6-2, etc.) and defensive positions and can apply them in competition.
- Game and player strategies are well understood (i.e., running offensive plays, identifying opponent weaknesses, reading opponents plays during volley, etc.) but may still be in refinement.
- **A "Majors" player** should register for our Majors leagues.
- Teams with only a couple Majors players could also compete in our Minors leagues.